

2025

**SASKATCHEWAN
FEDERATION
OF LABOUR**

**OCCUPATIONAL HEALTH
AND SAFETY CONFERENCE**



September 15 - 17, 2025
Delta Hotel Downtown Saskatoon
405 20th Street East
Saskatoon, Saskatchewan



Conference Information

SFL Occupational Health and Safety Conference

September 15 - 17, 2025

The SFL Occupational Health and Safety Conference is held annually for unionized workers in Saskatchewan to learn about the latest issues surrounding occupational health and safety.

The conference is open to all SFL affiliates and non-affiliates, and non-unionized workers are welcome to attend as well.

This year, our conference will be held September 15 – 17 at the Delta Hotel Downtown Saskatoon located at 405 20th Street East, in Saskatoon. Hotel and parking information can be accessed at [Delta Hotel Downtown Saskatoon](#).

A block reservation is available until Thursday, August 14 at a corporate rate of \$219 for a room. You are responsible to reserve and pay for your accommodation separately. Reservations can be made [online](#) or by contacting the Delta Hotel at 1-306-665-3322 or 1-866-999-0861.

Courses begin Monday afternoon and the conference runs until Wednesday at noon. We do our best to ensure you are registered in the course of your choice. **You will be registered in only one course, based on a first registered, first preference basis. Register early as there are limited seats available in each course.**

Included with registration fees are lunches on Monday and Tuesday, and a social with appetizers and cash bar at the Delta Hotel upon adjournment on Monday.

Please contact your union should you require childcare while attending this conference. Exceptions may apply and requests must be submitted to the SFL no later than August 1.

Information on available courses, conference fees and registration can be found in this guide and on the SFL website at [Events – Saskatchewan Federation of Labour](#).

Please contact the SFL at 306-525-0197 or email event@sfl.sk.ca should you require additional information.

Course Descriptions

SFL Occupational Health and Safety Conference September 15 - 17, 2025

1. Prevention of Violence in the Workplace

Workplace violence can take the form of physical aggression such as hitting, biting or kicking. Violence in the workplace also includes verbal threats, swearing, name calling and bullying. Violence is not part of your job and the repercussions for workers can be devastating, affecting their physical and mental health and job satisfaction. For employers, it means reduced productivity and increased losses.

This course is intended to assist joint OH&S committees to identify the potential hazards in the workplace, conduct a risk assessment and recommend corrective action as they pertain to violence. Participants will learn the process to put a violence policy in place at their workplace.

2. Occupational Health and Safety for Retail Workers

Every different sector has its own unique challenges, and retail is no exception! Workers need to be involved in order to see improvements and ensure workplaces become safer for all. This course will provide the tools you need to identify hazards, assess risks and become active in your workplaces when it comes to safety, specific to retail work, including your

physical and mental health and safety. You will better understand how your work impacts your day-to-day activities. Learn how to approach your health and safety at work from a proactive place.

3. Domestic Violence in the Workplace

This course is designed to train union representatives in workplaces to be able to respond to members who may be experiencing domestic violence. This may include stewards, health and safety representatives, staff or other workplace representatives.

You will gain a deeper understanding of the dynamics of domestic violence at work and the roles of the union and employer in addressing it. You will learn ways to support members who may be experiencing domestic violence, including how to recognize and respond to the warning signs and risk factors. We will start the conversation to bring awareness about domestic violence at work among your memberships and learn about pathways to community-based experts. We will discuss language for collective bargaining and legislative initiatives.

This course is open to all genders and male participation is encouraged.

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4. Occupational Health and Safety Act and Regulations

The purpose of this course is to provide activists with a working knowledge of how the OH&S Act and Regulations apply. The course will also address how committees are intended to work, their responsibilities and the individual's role as a union member. This course will show you how to use this legislation as a tool to advance OH&S in your workplace. You will be provided with information relevant to the updates and changes to the OH&S Regulations.

5. Building Psychologically Healthy Workplaces

Mental health in the workplace is an issue impacting all workplaces and can no longer be ignored. Keeping the workplace healthy and productive is simply smart business and good for the bottom line. The vision for a psychologically healthy and safe workplace is one that actively works to prevent harm to workers' psychological health, including negligent, reckless or intentional ways, and promotes psychological wellbeing. Participants will gain an understanding of the new CSA

standard, review the current workplace psychological landscape and learn strategies for implementing an effective psychological healthy and safe workplace program.

6. History of Occupational Health and Safety Rights

Workers have three legislated rights in Saskatchewan: the right to know, the right to participate and the right to refuse unusually dangerous work. These important rights have a strong history, and first legislated here in Saskatchewan.

We will further explore how OH&S came to be and the groundbreaking legislation that forever changed workplaces for the better, making them safer, and giving workers the rights they need to be safe and healthy. We will look deeper into our history, how we got here, where we go from here and what we can do to strengthen and advance OH&S in our workplaces.

Participants will leave this course with a deep understanding of the three worker rights, how to put the rights into practice on the shop floor and gain a strong understanding of the history of OHS.

Conference Agenda

SFL Occupational Health and Safety Conference September 15 – 17, 2025

Monday, September 15

11:00 am – 12:00 pm

12:00 pm – 1:00 pm

1:00 pm – 2:30 pm

Registration

Lunch

Call to Order

Welcome

Opening Plenary

2:30 pm - 5:30 pm

Course Time

5:30 pm - 7:30 pm

Social

Tuesday, September 16

8:30 am – 12:00 pm

Course Time

12:00 pm – 1:15 pm

Lunch

1:15 pm - 5:00 pm

Course Time

Wednesday, September 17

9:00 am - 11:00 am

Course Time

11:00 am – 11:30 am

Report Back from Courses

11:30 am - 12:00 pm

Closing Remarks

SAFE JOURNEY HOME

Conference Registration

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PLEASE COMPLETE ALL INFORMATION ON THE REGISTRATION FORM.
REGISTRATION IS ALSO AVAILABLE ONLINE AT [EVENTS – SASKATCHEWAN FEDERATION OF LABOUR](#).

PARTICIPANT NAME: _____
UNION NAME AND LOCAL: _____ OCCUPATION: _____
HOME CITY/TOWN: _____
CONTACT NUMBERS: CELL: _____ WORK: _____
EMAIL ADDRESS: _____ **PARTICIPANT'S PERSONAL EMAIL IS REQUIRED.**

COURSE SELECTION

You will be registered in only one course, based on a first registered, first preference basis. Register early as there are limited seats available in each course:

1. Prevention of Violence in the Workplace
2. Occupational Health and Safety for Retail Workers
3. Domestic Violence in the Workplace
4. Occupational Health and Safety Act and Regulations
5. Building Psychologically Healthy Workplaces
6. History of Occupational Health and Safety Rights

Please select your first, second and third course preferences by indicating your choice of the course numbers below:

First: _____ Second: _____ Third: _____

ACCESSIBILITY NEEDS AND DIETARY RESTRICTIONS

Do you have any accessibility needs or dietary restrictions?
☐ Yes ☐ No If yes, please specify: _____

Please contact your union should you require childcare while attending this conference. Exceptions may apply and requests must be submitted to the SFL no later than August 1.

HOTEL INFORMATION

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HAVE YOU ATTENDED AN SFL OCCUPATIONAL HEALTH AND SAFETY CONFERENCE IN THE PAST? ☐ Yes ☐ No

If yes, how many conferences have you attended? _____

IS YOUR UNION/LOCAL AFFILIATED TO YOUR PROVINCIAL/ TERRITORIAL FEDERATION OF LABOUR? ☐ Yes ☐ No

FEES, DEADLINES AND REFUND POLICY

Affiliates

- ☐ Early Bird up to August 14: \$500
☐ After August 14: \$550

Non-affiliates

- ☐ Early Bird up to August 14: \$550
☐ After August 14: \$600

Full refund is available until August 14. An administration fee of \$50 will apply after this date. No refund will be available if cancellation is received after September 1.

REGISTRATION CUT-OFF IS SEPTEMBER 1, 2025.

CONFIRMATION OF REGISTRATION

Participants will be emailed an information package and confirmation of course registration in early September. **Registration confirmation will not be emailed to participants until payment is received in full.**

REGISTRATION AND PAYMENT

Registrations can be submitted online at [Events – Saskatchewan Federation of Labour](#) or by mailing the form with a cheque payable to the Saskatchewan Federation of Labour, 220, 2445 - 13th Avenue, Regina, SK S4P 0W1.

Registration forms can also be emailed to event@sfl.sk.ca with payment via etransfer to payment@sfl.sk.ca. Include 'SFL OH&S Conference' in the memo line of the etransfer.

FULL PAYMENT MUST ACCOMPANY THE COMPLETED REGISTRATION FORM.

Office Use Only

Chq # _____

Amt \$ _____

Date Received _____